



Copy Cat

MOVE
PLAY &
LEARN

Age 2 years and older

Materials Your imagination

Setting Open space to move freely

Description Take turns leading movement activities. For example, you clap your hands and say, “Copy me; your turn.” Or, “Ms. Debbie jumps. Now, (child’s name) jumps.” “What should we do next? You show me.”

Learning Outcomes

Large Motor Skills The toddler develops gross motor skills such as running, jumping, hopping and throwing. He or she demonstrates coordination, balance and body awareness.

Movement The toddler engages in creative movement. He or she represents experiences and concepts through movement.

Social Emotional The toddler is responsive in interactions and learns through relationships with others. He or she engages in social games with others.

Did You Know? Caregivers should facilitate toddlers’ motor development by creating interactive play opportunities, each with a specific focus. Activities should be play-like. Caregivers can use a variety of strategies to facilitate participation at all ability levels to develop children’s skills and motor literacy. Playing interactive games with toddlers can support the development of fine and gross motor skills. Caregivers should purposefully select games based on toddlers’ individual development and interests. Caregivers can play interactive games such as rolling balls on the floor to a seated partner, playing catch, or playing peek-a-boo or “follow me” with scarves.

TODDLERS